Friedensau Adventist University
School of Social Sciences

Module Guide Book of the Master’s Program
Music Therapy
M.A.
### Explanation of the Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>B.A.</td>
<td>Bachelor of Arts</td>
</tr>
<tr>
<td>B.A.- SozA or BS</td>
<td>Bachelor in Social Work</td>
</tr>
<tr>
<td>B.A.-GPW</td>
<td>Bachelor in Health and Nursing Sciences</td>
</tr>
<tr>
<td>FS</td>
<td>semester</td>
</tr>
<tr>
<td>Hrs</td>
<td>hours</td>
</tr>
<tr>
<td>LV</td>
<td>course</td>
</tr>
<tr>
<td>M.A.</td>
<td>Master of Arts</td>
</tr>
<tr>
<td>M.A.-C or MC</td>
<td>Master of Arts in Counseling</td>
</tr>
<tr>
<td>M.A.-ISS or MI</td>
<td>Master of Arts in International Social Sciences</td>
</tr>
<tr>
<td>M.A.-SGM or MSG</td>
<td>Master of Arts in Social and Health Management</td>
</tr>
<tr>
<td>M.A.-MT or MM</td>
<td>Master of Arts in Music Therapy</td>
</tr>
<tr>
<td>P</td>
<td>internship (type of course)</td>
</tr>
<tr>
<td>P</td>
<td>compulsory</td>
</tr>
<tr>
<td>Sem.</td>
<td>semester</td>
</tr>
<tr>
<td>SWS</td>
<td>weekly hour per semester (1 SWS = 15 hrs)</td>
</tr>
<tr>
<td>Vorb.</td>
<td>preparation</td>
</tr>
<tr>
<td>Vorl.</td>
<td>lecture</td>
</tr>
<tr>
<td>WP</td>
<td>compulsory election</td>
</tr>
</tbody>
</table>
### Explanation of the Module and Course Number

<table>
<thead>
<tr>
<th>1st position program</th>
<th>2nd position chair</th>
<th>3rd position type</th>
<th>4th position FS</th>
<th>5th position additional</th>
<th>6th position counter (only course)</th>
</tr>
</thead>
<tbody>
<tr>
<td>BS: B.A. Social Work</td>
<td>1 Social Work</td>
<td>P compulsory</td>
<td>1 1.FS B.A.</td>
<td></td>
<td>1-0</td>
</tr>
<tr>
<td>BG: B.A. Social and Health Management</td>
<td>2 Social Sciences</td>
<td>WP compulsory election</td>
<td>2 2.FS B.A.</td>
<td></td>
<td>B=separator</td>
</tr>
<tr>
<td>MC: M.A. Counseling</td>
<td>3 Health and Behavioral Sciences</td>
<td></td>
<td>3 2.FS B.A.</td>
<td></td>
<td>P=internship</td>
</tr>
<tr>
<td>MSG: M.A. Social and Health Management</td>
<td>5 Methods and Practice in Social Work</td>
<td></td>
<td>5 5.FS B.A.</td>
<td></td>
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</tr>
<tr>
<td>MM: M.A. Music Therapy</td>
<td>6 International Social Sciences</td>
<td></td>
<td>6 6.FS B.A.</td>
<td></td>
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<tr>
<td>MX: In various Master's programs</td>
<td>7 Counseling</td>
<td></td>
<td>7 1.FS M.A.</td>
<td></td>
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<tr>
<td></td>
<td>8 Social Work and Medical Sciences</td>
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<td>8 2.FS M.A.</td>
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<tr>
<td></td>
<td>9 Nursing Sciences</td>
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<td>9 3.FS M.A.</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>10 4.FS M.A.</td>
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<td></td>
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<td>11 5.FS M.A.</td>
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<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>12 6.FS M.A.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Example:
BS3P2-1
- BS: B.A. Social Work
- 3: offered by the chair of "Health and Behavioral Sciences"
- P: a compulsory course
- 2: in 2.FS B.A.
- 1: course number - the counter shows that it is a course
Introduction to Music Therapy

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM9P1A</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

Courses and Type of Course

1) Introduction to Music Therapy (seminar)  
2) Counseling Law (lecture)

Contact Time  
Private Study (incl. examination)

<table>
<thead>
<tr>
<th></th>
<th>2 SWS / 30 hrs</th>
<th>60 hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences

- The students see music therapy as an independent profession in distinction from other (socio-educational and therapeutic) professions, considering anthropological principles, the diversity of methods, the integration possibilities, the present and potential future legal based and developments in professional policy, and can create an independent professional profile and personal career perspectives for themselves.
- The students can reflect on and discuss different approaches in an appropriate way.
- The students have knowledge of the professional law for counseling and therapy in Germany.
- The students master the professional handling of diagnostic test procedures.

Contents

- Overview of the history and culture of music therapy
- Theoretical-scientific basics of music therapy
- Basic knowledge of different directions and methods of music therapy
- Legal bases of counseling and therapy, psychotherapist law, alternative practitioner law, duty of confidentiality, right to refuse to give evidence, etc.

Participation Requirements

Admission to the program M.A. Music Therapy, according to the Study Regulations

Type of Examination

Written examination

Requirements for Granting Credit Points

At the beginning of the semester, the university determines which courses require compulsory attendance. The seminar paper graded at least “sufficient”, participation in a small group according to the requirements of the detailed syllabus for the module, as well as (not graded) proof of imparted legal knowledge.

Use of the Module in Other Programs

Professional Law and Test Methods in M.A. Counseling

Weighting of the Grade in the Final Grade

5/120

Module Coordinator and Full-Time Lecturers

Petra Jürgens

Literature

The current literature list of the Deutsche Musiktherapeutische Gesellschaft (German Music Therapy Society) (www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf) as well as selected literature on special topics is used.
### Theory and Practice of Music Therapy 1

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM9P1B</td>
<td>300 hrs</td>
<td>10 CP</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 SWS / 60 hrs</td>
<td>140 hrs</td>
</tr>
<tr>
<td>0 SWS / 100 hrs</td>
<td></td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences
- The students know the basics of the reception of music and improvisation and can apply this knowledge into practice.
- The students know the methods of active and receptive music therapy.

#### Contents
The students develop/acquire:
- awareness for theoretical and practical aspects of music therapy
- phenomenology and the effects of different music therapy forms of action (instrumental improvisation, movement improvisation, image composition with music, voice improvisation, group singing therapy, regulatory music therapy) through method-related personal experience
- The ability to hear/listens to individual creative self-expression
- The flexibility in dealing with intrapersonal and interpersonal as well as creative musical situations
- The ability of intermodal transfer
- Therapeutical music practice
- The ability to present theoretical and practical aspects of music therapy orally and in writing

#### Type of Examination
Seminar paper

#### Use of the Module in Other Programs
None

#### Weighting of the Grade in the Final Grade
10/120

#### Module Coordinator and Full-Time Lecturers
Petra Jürgens

#### Literature
The current literature list of the Deutsche Musiktherapeutische Gesellschaft (German Music Therapy Society) ([www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf)](www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf)) as well as selected literature on special topics is used.
### Science and Research A (compulsory election*)

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>MX5WP7A</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

#### Courses and Type of Course

- **1)** Scientific Development and Social Policy (lecture)
- **2)** Basics of Statistics (lecture/exercise)

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences
- The students have basic knowledge of the principles of science in social research.
- The students understand the correlation between social policy and scientific development.
- The students know how to interpret and apply basic statistical procedures.

#### Contents
- Development of social science research based in theories and paradigms
- Sociopolitical and economic exploitation interests of science
- Descriptive statistics and basics of inferential statistics

#### Participation Requirements
None

#### Type of Examination
Written examination

#### Requirements for Granting Credit Points
Regular attendance and passing the module examination

#### Use of the Module in Other Programs
MA Counseling

#### Weighting of the Grade in the Final Grade
5/120

#### Module Coordinator and Full-Time Lecturers
Thomas Spiegler  
Horst Rolly

#### Literature
- Badura, Bernhard (Hrsg.) 1976 Angewandte Sozialforschung. Frankfurt
- Diaz-Bone, R. 2006. Statistik für Soziologen. Konstanz

* As an alternative Science and Research B can be chosen
Science and Research B (compulsory election*)

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX5WP7B</td>
<td>150 hrs</td>
<td>5 CP</td>
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<td>1 semester</td>
</tr>
</tbody>
</table>

Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences
- The students have basic knowledge of the principles of science in social research.
- The students understand the correlation between social policy and scientific development.
- The students are on the current state of knowledge in research strategies and scientific working methods.

Contents
- Development of social science research based in theories and paradigms
- Sociopolitical and economic exploitation interests of science
- Specialization in scientific working methods (conception, research, organization)

Participation Requirements
None

Type of Examination
Written examination

Requirements for Granting Credit Points
Regular attendance and passing the module examination

Use of the Module in Other Programs
M.A. Counseling

Weighting of the Grade in the Final Grade
5/120

Module Coordinator and Full-Time Lecturers
Thomas Spiegler
Horst Rolly

Literature
- Badura, Bernhard (Hrsg.) 1976 Angewandte Sozialforschung. Frankfurt

* As an alternative Science and Research A can be chosen
Methods and Fields of Music Therapy

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM9P2A</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

Courses and Type of Course

1) Methods and Fields of Music Therapy (lecture)  
2) Spirituality in counseling and Music Therapy (exercise)

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 SWS / 30 hrs</td>
<td>75 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>30 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences

- The students have an overview of music therapy practice and its institutional integration within different fields of application.
- The students can reflect on their own spirituality and have respect for the spirituality of others.

Contents

- Theoretical backgrounds and procedures of different music therapy methods and directions as well as their fields of application
- Criteria for the comparison of different music therapy procedures in the treatment of ill, handicapped, disease-threatened or handicap-threatened people
- Music therapy treatment concepts for different target groups
- Disorder-specific, treatment-technical, and institutional aspects of different fields of application of music therapy
- Combination of methodological and praxeological aspects of music therapy in its fields of indication
- Issues of spirituality in the context of counseling and therapy, considering one’s own religious/ideological biography

Participation Requirements

None

Type of Examination

Academic paper

Requirements for Granting Credit Points

Regular attendance, examination performance

Use of the Module in Other Programs

None

Weighting of the Grade in the Final Grade

5/120

Module Coordinator and Full-Time Lecturers

Petra Jürgens

Literature

- The current literature list of the Deutsche Musiktherapeutische Gesellschaft (German Music Therapy Society) ([www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf)](https://www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf)) as well as selected literature on special topics is used.
- Astrid Giebel (Hg.) / Ulrich Lilie (Hg.) / Michael Utsch (Hg.) (2015). Geistesgegenwärtig beraten.
# Empowerment for Counselors and Music Therapists

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>MX3P4</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
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</tbody>
</table>

## Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Empowerment and Self-Help Movement (seminar)</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
</tbody>
</table>

## Learning Outcomes / Competences

The students are familiar with the historical roots of empowerment and the self-help movement. The students know the basic difference between the two concepts of self-help and expert counseling. At the same time, the students know the difficulties and potentials of an interaction of both systems. The students are familiar with models and impact studies of self-help groups. The students can initiate and support self-help groups. The students know the value of such groups for personal life stages and central questions.

## Contents

- Historical development of empowerment and self-help
- Principles of self-management
- Expert counseling, professional system and self-help movement
- Empowerment / self-help and enforcement context
- Advocacy approaches

## Participation Requirements

The knowledge of the contents of the module "Introduction to Social Medicine" or comparable contents is desirable.

## Type of Examination

Presentation

## Requirements for Granting Credit Points

Regular attendance and presentation

## Use of the Module in Other Programs

M.A. Counseling

## Weighting of the Grade in the Final Grade

5/120

## Module Coordinator and Full-Time Lecturers

Petra Jürgens

## Literature

Health Sciences, Public Health
# Theory and Practice of Music Therapy 2

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>MM9P2B</td>
<td>300 hrs</td>
<td>10 CP</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

## Courses and Type of Course

1. Theory and Practice of Music Therapy 2 (seminar/exercise)
2. Peer group (obligatory)

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
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</thead>
<tbody>
<tr>
<td>4 SWS / 60 hrs</td>
<td>140 hrs</td>
</tr>
<tr>
<td>0 SWS / 100 hrs</td>
<td></td>
</tr>
</tbody>
</table>

## Learning Outcomes / Competences

The students combine music therapy theory and practice.

**Contents**

- to combine theoretical and practical music therapy knowledge about the changing roles as group member, group leader, and co-leader
- to detailedly reflect on and identify personal action patterns and their psychodynamic backgrounds under the aspect of promoting or complicating group processes in roles of responsibility
- how to deal constructively with personal deficits and individual-specific defense constellations
- to expand and differentiate the perception of their own physical and emotional processes as well as individual strategies and behavior patterns
- how to implement didactic considerations into results-oriented, controlled music therapy

## Participation Requirements

Successful completion of the modules “Introduction to Music Therapy” and “Theory and Practice of Music Therapy 1”

## Type of Examination

Practical examination in group leadership (30%), seminar paper (20%), peer group project (20%), reflection protocols (30%), each individual assessment result must be at least "sufficient".

## Requirements for Granting Credit Points

Successful completion of all assessments, 80% attendance at classroom courses, proof of participation in the peer group (100 hrs of 300 hrs workload)

## Use of the Module in Other Programs

None

## Weighting of the Grade in the Final Grade

5/120

## Module Coordinator and Full-Time Lecturers

Petra Jürgens

## Literature

The current literature list of the Deutsche Musiktherapeutische Gesellschaft (German Music Therapy Society) ([www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf](www.musiktherapie.de/fileadmin/user_upload/medien/pdf(Literaturliste_MT_allgemein.pdf)) as well as selected literature on special topics is used.
## Social Competence and Leadership

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX3P3</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>3</td>
<td>Every two years in rotation with MX3P5</td>
<td>1 semester</td>
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</table>

### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

### Learning Outcomes / Competences

The students can identify and classify dynamic organizational and group processes and, through self-reflection and self-awareness, develop competences in handling group therapy action modules for specific illnesses.

### Contents

- Professional, industrial, and organizational psychology
- Theory and practice of group therapy
- Social competence training

### Participation Requirements

The knowledge of psychological disorders, their treatment, and self-perception and external perception

### Type of Examination

Academic paper

### Requirements for Granting Credit Points

Regular attendance, examination performance, participation in the example project

### Use of the Module in Other Programs

M.A. Counseling, M.A. Social and Health Management

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator and Full-Time Lecturers

Wolfgang Schwabe

### Literature

### Module Guide

**Theory and Practice of Music Therapy 3**

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM9P3</td>
<td>300 hrs</td>
<td>10 CP</td>
<td>3</td>
<td>Every year</td>
<td>1 semester</td>
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#### Courses and Type of Course

<table>
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<tr>
<th>Contact Time</th>
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<tbody>
<tr>
<td>4 SWS / 60 hrs</td>
<td>140 hrs</td>
</tr>
<tr>
<td>0 SWS / 100 hrs</td>
<td></td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences

The students get further knowledge of the combination of music therapy theory and practice in different fields of application with special emphasis on the integration of person and function of the therapist.

#### Contents

- Further knowledge of special music therapy methods and techniques as well as didactics of music therapy procedures in special target groups and fields of application
- In-depth subject-related self-awareness with a focus on the integration of personal and therapeutic patterns of action
- Further knowledge of the constructive handling of personal deficits and individual-specific defense constellations
- Deeper differentiation of the perceptive faculty

#### Participation Requirements

None

#### Type of Examination

In contrast to other modules, this module consists of several examination parts: written examination on theory (30%), peer group project (20%), reflection protocols (20%), colloquium. Each individual assessment result must be at least "sufficient".

#### Requirements for Granting Credit Points

Successful completion of all assessments, 80% attendance at classroom courses, proof of participation in the peer group (100 hrs of 300 hrs workload)

#### Use of the Module in Other Programs

None

#### Weighting of the Grade in the Final Grade

10/120

#### Module Coordinator and Full-Time Lecturers

Petra Jürgens

#### Literature

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Internship I in Music Therapy

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM9P3P</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>3</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>135 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences
The students have insight in music therapy practice.

Contents
- Different work fields with specific questions
- Settings, working conditions, internal and external communication, documentation, and evaluation
- The standards of music therapy treatment processes in different target groups
- Observation of individual and group sessions

Participation Requirements
None

Type of Examination
Written internship report (10 pages) with emphasis on the description of the overall situation in the internship, the presentation of the experienced process, as well as the discussion of the personal experience

Requirements for Granting Credit Points
- Proof of the participation in team meetings and administrative activities
- Regular attendance at the group supervision (80%)
- Documentation of the accompanying counseling/music therapy measures
- Presentation of at least 2 cases in the group supervision
- Internship report
- Short presentation with handout as the final presentation of the internship
- Personal and didactic reflection in the colloquium

Use of the Module in Other Programs
None

Weighting of the Grade in the Final Grade
5/120

Module Coordinator and Full-Time Lecturers
Petra Jürgens

Literature
# Ethics in Counseling and Music Therapy

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tbody>
<tr>
<td>MX7P10</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>4</td>
<td>Every year</td>
<td>1 semester</td>
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## Courses and Type of Course

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Contact Time</th>
<th>Private Study</th>
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<tbody>
<tr>
<td>1) Selected Topics of Social Ethics (seminar)</td>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
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<tr>
<td>2) Professional Ethics (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
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</table>

## Learning Outcomes / Competences

The students
- prove their understanding of biblical anthropology
- can critically question, but at the same time support their own value model
- can deal with different values of other people appropriately

## Contents

On the basis of a theologically reflected view of man, the students become aware of and discuss fundamental questions of ethics as well as practical concerns of professional ethics in the field of counseling and music therapy.
- Selected topics of social ethics
- Professional or rather professional organization policy standards

## Participation Requirements

None

## Type of Examination

Academic paper

## Requirements for Granting Credit Points

At the beginning of the semester, the university determines which courses require compulsory attendance. Seminar paper and presentation

## Use of the Module in Other Programs

M.A. Counseling

## Weighting of the Grade in the Final Grade

5/120

## Module Coordinator and Full-Time Lecturers

Andreas Bochmann

## Literature

Will be announced in the course
### Health Care and Social Work

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tbody>
<tr>
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<td>4</td>
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<td>1 semester</td>
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#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
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<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>60 hrs</td>
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<tr>
<td>1 SWS / 15 hrs</td>
<td>60 hrs</td>
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</table>

1) Health Promotion for Special Professional Groups (seminar)
2) Social Work in Health Care Institutions (seminar)

#### Learning Outcomes / Competences

The students know the structure and importance of health care institutions. The students are familiar with special professional characteristics and health burdens of the professional groups working in health care and know strategies and measures for dealing with these burdens in a health-promoting way. The students do research on, present and reflect on current research results. The students are familiar with the effects of organizational structure and development on health aspects. The students are aware of the interaction of the health of the people working in allied health professions and the care, treatment, and provision of patients/clients. The students are familiar with the need for qualified case management illustrated by selected illnesses.

#### Contents
- Work organization Health care professions
- Professional stress patterns
- Individual coping strategies
- Organizational development in health care
- Clinical social work
- Case and disease management

#### Participation Requirements

Admission to the program M.A. Music Therapy, according to the Study Regulations

#### Type of Examination

Academic papers

#### Requirements for Granting Credit Points

Successful completion of the required assessments (academic papers) At the beginning of the semester, the university determines which courses require compulsory attendance.

#### Use of the Module in Other Programs

MA Counseling

#### Weighting of the Grade in the Final Grade

5/120

#### Module Coordinator and Full-Time Lecturers

Edgar Voltmer

#### Literature

Will be announced in the course
## Methods in Empirical Social Research

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<td>MX2P10</td>
<td>150 hrs</td>
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### Courses and Type of Course

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Contact Time</th>
<th>Private Study</th>
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<tbody>
<tr>
<td>Planning and Conduct of Empirical Social Research (lecture)</td>
<td>2 SWS / 30 hrs</td>
<td>examination preparation</td>
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<tr>
<td></td>
<td>120 hrs</td>
<td></td>
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</table>

### Learning Outcomes / Competences

The students can classify existing empirical studies with regard to their methodological approach and interpret the results, considering the method used. The students can develop a suitable research design for a research issue. The students can plan a manageable empirical project and select appropriate research methods.

### Contents

- Qualitative and quantitative methods
- Research issues
- Operationalization
- Sampling
- Overview of the methods interview, observation, content analysis, experiment
- Interpretation of empirical research
- Discussion of (student) research projects

### Participation Requirements

None

### Type of Examination

Academic paper

### Requirements for Granting Credit Points

Regular attendance, participation in exercises

### Use of the Module in Other Programs

In M.A. Social and Health Management, M.A. International Social Sciences, M.A. Counseling

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Thomas Spiegler

### Literature

**Internship II Supervision**

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>MM9P4P</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>4</td>
<td>Every year</td>
<td>1 semester</td>
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**Courses and Type of Course**

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>135 hrs</td>
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</table>

**Learning Outcomes / Competences**

The students can shape and reflect on music therapy processes as co-therapist / therapist.

**Contents**

In the second internship the students get to know methods and didactics of counseling and social therapeutic action in music therapy and music medicine in a systemic way and learn about the connection of psychotherapeutic basic orientations (depth psychological, humanistic, behavioral, systemic) with the artistic medium of music.

The students learn:
- to observe and analyze therapeutic processes
- first guided independence in the planning, execution, and subsequent control of music therapy offers within the scope of individual and group therapy
- documentation and therapy reporting modes
- to reflect on their own and others’ therapeutic actions
- supervision as a form of control, evaluation, and correction

**Participation Requirements**

Successful completion of Internship I

**Type of Examination**

Case documentations of supervised therapeutic processes incl.
1 indication position
1 therapy concept
description and reflection of a therapeutic process

**Requirements for Granting Credit Points**

- Proof of the participation in team meetings and administrative activities
- Regular attendance at the group supervision (80%)
- Documentation of the accompanying counseling/music therapy measures
- Presentation of at least 2 cases in the group supervision
- Internship report
- Personal and didactic reflection in the colloquium

**Use of the Module in Other Programs**

None

**Weighting of the Grade in the Final Grade**

5/120

**Module Coordinator and Full-Time Lecturers**

Friedegard Föltz (Internship Office) / Petra Jürgens

**Literature**
### Statistical Analysis of Quantitative Data*

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tr>
<td>MX3WP10A</td>
<td>150 hrs</td>
<td>5</td>
<td>5</td>
<td>Every year</td>
<td>1 semester</td>
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<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
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<tr>
<td>1) Computer-Aided Analysis of Quantitative Data (lecture/exercise)</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
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</table>

### Learning Outcomes / Competences

The students
- can create a data set from empirical data
- can use statistical software (e.g. SPSS or MYSTAT) to analyze data using descriptive methods and selected multivariate methods and interpret the results appropriately

### Contents

- Data preparation
- Descriptive methods
- Data processing, transformation
- Hypothesis tests
- Multivariate methods

### Participation Requirements

Proof of basic knowledge in statistics

### Type of Examination

Academic paper in form of an independent analysis of a data set on a self-chosen research issue

### Requirements for Granting Credit Points

Regular attendance, participation in exercises

### Use of the Module in Other Programs

M.A. Counseling, M.A. International Social Sciences, M.A. Social and Health Management

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Thomas Spiegler

### Literature


*As an alternative the module Qualitative Methods in Empirical Social Research can be chosen
## Qualitative Methods in Empirical Social Research*

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
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<td>MX3WP10B</td>
<td>150 hrs</td>
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<td>5</td>
<td>Every year</td>
<td>1 semester</td>
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### Courses and Type of Course
- **1)** Methods of Qualitative Data Collection (lecture/exercise)  
- **2)** Methods of Qualitative Data Analysis (lecture/exercise)

<table>
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<th>Contact Time</th>
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<td>1 SWS / 15 hrs</td>
<td>50 hrs</td>
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<tr>
<td>1 SWS / 15 hrs</td>
<td>70 hrs</td>
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</table>

### Learning Outcomes / Competences
- The students
  - have an overview of different qualitative methods of data collection and evaluation
  - are familiar with the planning, conduct, transcription, and evaluation of an interview thanks to own practice,
  - as well as the computer-aided qualitative data analysis

### Contents
- Theoretical principles and characteristics of qualitative designs
- Grounded Theory, qualitative interviews, monitoring processes, qualitative content analysis, narrative interview
- Evaluation methods and computer-aided data analysis
- Exercises on planning and conducting qualitative research

### Participation Requirements
None

### Type of Examination
Academic paper

### Requirements for Granting Credit Points
Regular attendance, participation in exercises

### Use of the Module in Other Programs
- M.A. Counseling
- M.A. International Social Sciences
- M.A. Social and Health Management

### Weighting of the Grade in the Final Grade
5/120

### Module Coordinator
Thomas Spiegler

### Literature

* As an alternative the module Statistical Analysis of Quantitative Data can be chosen
Therapy of Selected Psychological Disorders

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<td>MX3P5</td>
<td>150 hrs</td>
<td>5 CP</td>
<td>5</td>
<td>Every two years in rotation with MX3P3</td>
<td>1 semester</td>
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Courses and Type of Course

<table>
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<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
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<tr>
<td>1 SWS / 15 hrs</td>
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<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
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</table>

Learning Outcomes / Competences

- The students can identify psychological disorders and choose the appropriate therapy procedure for each disorder.
- The students know the symptoms of various personality disorders and their effects on the interactional behavior.
- The students can deal with psychological disorders in counseling and music therapy.

Contents

- Psychogenic disorders (Study of Neuroses)
- Personality disorders
- Affective disorders

Participation Requirements

Successful completion of the module Qualitative Social Research I

Type of Examination

Written module examination

Requirements for Granting Credit Points

At the beginning of the semester, the university determines which courses require compulsory attendance. The module examination graded at least "sufficient" and the short presentation with slides.

Use of the Module in Other Programs

M.A. Counseling

Weighting of the Grade in the Final Grade

5/120

Module Coordinator and Full-Time Lecturers

Wolfgang Schwabe

Literature

- Margraf, J / Schneider, S. (2008), Verhaltenstherapie (2 Bd.)
Internship III Interdisciplinary Case Conference

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
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<th>Duration</th>
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<tbody>
<tr>
<td>MM9P5P</td>
<td>300 hrs</td>
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<td>Every year</td>
<td>1 semester</td>
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Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination)</th>
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<tbody>
<tr>
<td>0 SWS / 15 hrs</td>
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</tr>
<tr>
<td>2 SWS / 30 hrs</td>
<td>255 hrs</td>
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</table>

Learning Outcomes / Competences
The students can carry out music therapies in the role of the therapist independently.

Contents
- Linking the learned music therapy theory and practice in the context of the respective treatment contexts
- Analysis and synthesis of therapeutically significant moments in musical interactions
- Independent indication, therapy planning, conduct, documentation, and reflection

Participation Requirements
Successful completion of Internship II

Type of Examination
60 therapy protocols

Requirements for Granting Credit Points
- Minimum number of hours during the internship
- Successful attendance at at least 80% of the Interdisciplinary Case Conference
- 2 written case documentations graded at least “satisfactory”
- The discussion of at least 2 cases in the Interdisciplinary Case Conference
- The submission of the written evaluation by the mentor from institution of the internship, certifying a probation in counseling

Use of the Module in Other Programs
May be offered in cooperation with the program Music Therapy

Weighting of the Grade in the Final Grade
10/120

Module Coordinator and Full-Time Lecturers
Friedegard Fölitz (Internship Office), Petra Jürgens

Literature
<table>
<thead>
<tr>
<th>Master's thesis</th>
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<tbody>
<tr>
<td><strong>Module Number</strong></td>
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<tr>
<td>MM9P6</td>
</tr>
<tr>
<td><strong>Courses and Type of Course</strong></td>
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<tr>
<td>Colloquium</td>
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</table>

**Learning Outcomes / Competences**
The students can do scientific research, work independently, and present the research results in the colloquium. The students can participate in scientific discourses. The students can critically cite scientific theories and paradigms in own scientific publications.

**Contents**
Scientific analysis, development of the objectives and the methodical procedure for the investigation and work on a problematic subject area, and incorporation of the research results into the Master's thesis

**Participation Requirements**
Acceptance of the topic of the Master's thesis by the examination board, including the structure of the thesis

**Type of Examination**
Master’s thesis

**Requirements for Granting Credit Points**
The Master's thesis is graded at least “sufficient” by two independent examiners. If an examiner grades the Master's thesis as less than “sufficient” (4.0), a third examiner can be called in.

**Use of the Module in Other Programs**
None

**Weighting of the Grade in the Final Grade**
20/120

**Module Coordinator and Full-Time Lecturers**
Petra Jürgens

**Literature**
# Program Time-Table M.A. Music Therapy | Friedensau Adventist University

<table>
<thead>
<tr>
<th></th>
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<tr>
<td>5</td>
<td>MM9P1A</td>
<td>MM9P2A</td>
<td>MX3P3</td>
<td>MX7P10</td>
<td>MX3P5</td>
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<tr>
<td></td>
<td>Introduction to Music Therapy</td>
<td>Methods and Fields of Music Therapy</td>
<td>Social Competence and Leadership</td>
<td>Ethics in Counseling and Music Therapy</td>
<td>Therapy of Selected Psychological Disorders</td>
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<td>MM9P3</td>
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<td>MM9P5P</td>
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<td>Master’s Thesis</td>
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* Compulsory election