### Explanation of the Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>B.A.</td>
<td>Bachelor of Arts</td>
</tr>
<tr>
<td>B.A.- SozA or BS</td>
<td>Bachelor in Social Work</td>
</tr>
<tr>
<td>B.A.-GPW</td>
<td>Bachelor in Social and Health Management</td>
</tr>
<tr>
<td>FS</td>
<td>semester</td>
</tr>
<tr>
<td>hrs</td>
<td>hours</td>
</tr>
<tr>
<td>LV</td>
<td>course</td>
</tr>
<tr>
<td>M.A.</td>
<td>Master of Arts</td>
</tr>
<tr>
<td>M.A.-C or MC</td>
<td>Master of Arts in Counseling</td>
</tr>
<tr>
<td>M.A.-ISS or MI</td>
<td>Master of Arts in International Social Sciences</td>
</tr>
<tr>
<td>M.A.-SGM or MSG</td>
<td>Master of Arts in Social and Health Management</td>
</tr>
<tr>
<td>M.A.-MT or MM</td>
<td>Master of Arts in Music Therapy</td>
</tr>
<tr>
<td>P</td>
<td>internship (type of course)</td>
</tr>
<tr>
<td>P</td>
<td>compulsory</td>
</tr>
<tr>
<td>Sem.</td>
<td>semester</td>
</tr>
<tr>
<td>SWS</td>
<td>weekly hour per semester (1 SWS = 15 h)</td>
</tr>
<tr>
<td>Vorb.</td>
<td>preparation</td>
</tr>
<tr>
<td>Vorl.</td>
<td>lecture</td>
</tr>
<tr>
<td>WP</td>
<td>compulsory election</td>
</tr>
</tbody>
</table>
### Explanation of the Module and Course Number

<table>
<thead>
<tr>
<th>1st position program</th>
<th>2nd position chair</th>
<th>3rd position type</th>
<th>4th position FS</th>
<th>5th position additional</th>
<th>6th position counter (only course)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BS:</strong> B.A. Social Work</td>
<td>1 Social Work</td>
<td>P compulsory</td>
<td>1 1.FS B.A.</td>
<td>A=separator</td>
<td>1-0</td>
</tr>
<tr>
<td><strong>BG:</strong> B.A. Social and Health Management</td>
<td>2 Social Sciences</td>
<td>WP compulsory election</td>
<td>2 2.FS B.A.</td>
<td>B=separator</td>
<td></td>
</tr>
<tr>
<td><strong>MC:</strong> M.A. Counseling</td>
<td>3 Health and Behavioral Sciences</td>
<td></td>
<td>3 2.FS B.A.</td>
<td>P=internship</td>
<td></td>
</tr>
<tr>
<td><strong>MI:</strong> M.A. International Social Sciences</td>
<td>4 Law in Social Work</td>
<td></td>
<td>4 4.FS B.A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>MSG:</strong> M.A. Social and Health Management</td>
<td>5 Methods and Practice in Social Work</td>
<td></td>
<td>5 5.FS B.A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>MM:</strong> M.A. Music Therapy</td>
<td>6 International Social Sciences</td>
<td></td>
<td>6 6.FS B.A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>MX:</strong> In various Master's programs</td>
<td>7 Counseling</td>
<td></td>
<td>7 1.FS M.A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>8 Social Work and Medical Sciences</td>
<td></td>
<td>8 2.FS M.A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>9 Nursing Sciences</td>
<td></td>
<td>9 3.FS M.A.</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>4.FS M.A.</td>
<td></td>
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<td></td>
<td>11</td>
<td>5.FS M.A.</td>
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<td></td>
<td>12</td>
<td>6.FS M.A.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Example:
BS3P2-1
- BS: B.A. Social Work
- 3: offered by the chair of Health and Behavioral Sciences
- P: a compulsory course
- 2: in 2.FS B.A.
- 1: course number - the counter shows that it is a course
Introduction to Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC7P7</td>
<td>150 hrs</td>
<td>5</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Introduction to Counseling (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>35 hrs</td>
</tr>
<tr>
<td>2) Professional Law for Counselors and Therapists</td>
<td>1 SWS / 15 hrs</td>
<td>35 hrs</td>
</tr>
<tr>
<td>3) Test Methods and Diagnosis (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>35 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences
- The students have basic knowledge of counseling methods and fields and can discuss and reflect on them.
- The students have knowledge of the professional law for counseling and therapy in Germany.
- The students develop an independent professional profile and personal career prospectives.
- The students master the professional handling of diagnostic test procedures.

Contents
- Basic introduction to counseling as an independent profession in distinction from other helping (socio-educational and therapeutic) professions, considering anthropological basics and the diversity of methods
- Quality assurance in counseling
- Legal bases of counseling and therapy, psychotherapist law, alternative practitioner law, duty of confidentiality, right to refuse to give evidence, etc.

Participation Requirements
Admission to the program M.A. Counseling, according to the Study Regulations

Type of Examination
Colloquium

Requirements for Granting Credit Points
At the beginning of the semester, the university determines which courses require compulsory attendance. The seminar paper graded at least “sufficient”, participation in a small group according to the requirements of the detailed syllabus for the module, as well as (not graded) proof of imparted legal knowledge.

Use of the Module in Other Programs
Professional Law and Test Methods in M.A. Music Therapy

Weighting of the Grade in the Final Grade
5/120

Module Coordinator
Andreas Bochmann

Literature
- Aktuelle Dokumente der DGfB.
Couple Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC7P7B</td>
<td>300 hrs</td>
<td>10</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
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</table>

Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
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<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Introduction to Couple Counseling (lecture)</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
<tr>
<td>2) Preventive Couple Counseling (exercise)</td>
<td>1 SWS / 15 hrs</td>
<td>60 hrs</td>
</tr>
<tr>
<td>3) Matrimonial and Family Law (seminar)</td>
<td>1 SWS / 15 hrs</td>
<td>60 hrs</td>
</tr>
</tbody>
</table>

Learning Outcomes / Competences
- The students have basic knowledge of matrimonial and family law.
- The students can carry out and reflect on couple counseling independently, considering couple dynamics, such as transference and counter-transference dynamics.
- The students master the handling of test instruments for couple counseling.

Contents
- Basics of matrimonial and family law
- Differences between single and couple counseling, considering transference dynamics
- Intervention techniques for preventive and curative couple counseling
- Diagnostic methods for couple counseling (PREPARE/ENRICH)
- Couple counseling exercises, including role play and practice reflection

Participation Requirements
Admission to the program M.A. Counseling, according to the Study Regulations

Type of Examination
Seminar paper

Requirements for Granting Credit Points
Regular attendance and the seminar paper graded at least “sufficient”

Use of the Module in Other Programs
None

Weighting of the Grade in the Final Grade
10/120

Module Coordinator
Andreas Bochmann

Literature
### Science and Research A (compulsory election*)

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX5WP7A</td>
<td>150 hrs</td>
<td>5</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Scientific Development and Social Policy (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>2) Basics of Statistics (lecture/exercise)</td>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences

- The students have basic knowledge of the principles of science in social research.
- The students understand the correlation between social policy and scientific development.
- The students know how to interpret and apply basic statistical procedures.

#### Contents

- Development of social science research based in theories and paradigms
- Sociopolitical and economic exploitation interests of science
- Descriptive statistics and basics of inferential statistics

#### Participation Requirements

None

#### Type of Examination

Written examination

#### Requirements for Granting Credit Points

Regular attendance and passing the module examination

#### Use of the Module in Other Programs

MA Music Therapy

#### Weighting of the Grade in the Final Grade

5/120

#### Module Coordinator

Thomas Spiegler
Horst Rolly

#### Literature

- Badura, Bernhard (Hrsg.) 1976 Angewandte Sozialforschung. Frankfurt
- Diaz-Bone, R. 2006. Statistik für Soziologen. Konstanz

* As an alternative Science and Research B can be chosen
### Science and Research B (compulsory election*)

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX5WP7B</td>
<td>150 hrs</td>
<td>5</td>
<td>1</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences
- The students have basic knowledge of the principles of science in social research.
- The students understand the correlation between social policy and scientific development.
- The students are on the current state of knowledge in research strategies and scientific working methods.

#### Contents
- Development of social science research based in theories and paradigms
- Sociopolitical and economic exploitation interests of science
- Specialization in scientific working methods (conception, research, organization)

#### Participation Requirements
None

#### Type of Examination
Written examination

#### Requirements for Granting Credit Points
Regular attendance and passing the module examination

#### Use of the Module in Other Programs
MA Music Therapy

#### Weighting of the Grade in the Final Grade
5/120

#### Module Coordinator
Thomas Spiegler
Horst Rolly

#### Literature
- Badura, Bernhard (Hrsg.) 1976 Angewandte Sozialforschung. Frankfurt

* As an alternative Science and Research A can be chosen
## Counseling Approaches and Methods

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC7P8</td>
<td>150 hrs</td>
<td>5</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

### Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Counseling Methods and Fields (lecture)</td>
<td>2 SWS / 30 hrs</td>
<td>75 hrs</td>
</tr>
<tr>
<td>2) Spirituality in counseling and Music Therapy (exercise)</td>
<td>1 SWS / 15 hrs</td>
<td>30 hrs</td>
</tr>
</tbody>
</table>

### Learning Outcomes / Competences

- The students reflect in depth on their counseling motivation and methodical orientation.
- The students acquire high willingness and ability to cooperate in different settings.

### Contents

- In-depth introduction to counseling methods (humanistic, behavioral therapeutic, deep psychological, transactional analytical approaches)
- Practical exercises on different counseling approaches through role plays, video reflections, and similar interactive didactic elements
- Selected work fields of counseling (considering the interests and fields of experience of the students)
- Culture-specific particularities in counseling
- Religious issues in counseling, particularly in view of one’s own spirituality and/or world view

### Participation Requirements

None

### Type of Examination

Written examination

### Requirements for Granting Credit Points

Regular attendance, examination performance, not graded written reflection on the course "Spirituality in Counseling"

### Use of the Module in Other Programs

None

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Andreas Bochmann

### Literature

- Astrid Giebel (Hg.) / Ulrich Lilie (Hg.) / Michael Utsch (Hg.) (2015). Geistesgegenwärtig beraten.
### Empowerment for Counselors and Music Therapists

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX3P4</td>
<td>150 hrs</td>
<td>5</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
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</table>

#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences

The students are familiar with the historical roots of empowerment and the self-help movement. The students know the basic difference between the two concepts of self-help and expert counseling. At the same time, the students know the difficulties and potentials of an interaction of both systems. The students are familiar with models and impact studies of self-help groups. The students can initiate and support self-help groups. The students know the value of such groups for personal life stages and central questions.

#### Contents

- Historical development of empowerment and self-help
- Principles of self-management
- Expert counseling, professional system and self-help movement
- Empowerment / self-help and enforcement context
- Advocacy approaches

#### Participation Requirements

The knowledge of the contents of the module "Introduction to Social Medicine" or comparable contents is desirable.

#### Type of Examination

Presentation

#### Requirements for Granting Credit Points

Regular attendance and presentation

#### Use of the Module in Other Programs

MA Music Therapy

#### Weighting of the Grade in the Final Grade

5/120

#### Module Coordinator

Petra Jürgens

#### Literature

**Methods in Empirical Social Research**

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX2P10</td>
<td>150 hrs</td>
<td>5</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
</tr>
</tbody>
</table>

**Courses and Type of Course**

**Planning and Conduct of Empirical Social Research** (lecture)  
Contact Time: 2 SWS / 30 hrs  
Private Study: 120 hrs

**Learning Outcomes / Competences**
The students can develop an appropriate research design for a selected research issue. The students can plan a manageable empirical project and select appropriate research methods.

**Contents**
- Qualitative and quantitative methods
- Research issues
- Operationalization
- Sampling
- Overview of the methods interview, observation, content analysis, experiment
- Interpretation of empirical research
- Discussion of (student) research projects

**Participation Requirements**
None

**Type of Examination**
Academic paper

**Requirements for Granting Credit Points**
Regular attendance, participation in exercises

**Use of the Module in Other Programs**
In MA Social and Health Management, MA International Social Sciences, MA Music Therapy

**Weighting of the Grade in the Final Grade**
5/120

**Module Coordinator**
Thomas Spiegler

**Literature**
## Family and Educational Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC7P8A</td>
<td>300 hrs</td>
<td>10</td>
<td>2</td>
<td>Every year</td>
<td>1 semester</td>
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</table>

### Courses and Type of Course

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Systemic, Solution-oriented Couple, Family and Educational Counseling 2 (seminar/exercise)</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
<tr>
<td>2) Models of Effective Parenting</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
</tbody>
</table>

### Learning Outcomes / Competences
- The students know methods, techniques, and basic approaches for family and educational counseling.
- The students can analyze situations and problems in a systemic way and provide assistance in the process of identifying goals and finding solutions.
- The students expand their knowledge in consulting in these special work fields.
- The students get a qualification as a Gordon Family Trainer (or equivalent training).

### Contents
- Counseling of individuals, couples, families, in particular of people with educational questions and family problems
- Inclusion (integration and resocialization)
- Exercises in educational counseling approaches through role plays and other appropriate method of interactive didactics

### Participation Requirements
Successful completion of the module “Introduction to Counseling” and “Couple Counseling”, or equivalent achievements at other universities or in professional trainings

### Type of Examination
Seminar paper

### Requirements forGranting Credit Points
Successful completion of all assessments, 80% attendance at classroom courses

### Use of the Module in Other Programs
None

### Weighting of the Grade in the Final Grade
10/120

### Module Coordinator
Andreas Bochmann

### Literature
- Gordon, Th. (1994). Die neue Familienkonferenz – Kinder erziehen ohne zu strafen
**Social Competence and Leadership**

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MX3P3</td>
<td>150 hrs</td>
<td>5</td>
<td>3</td>
<td>Every year</td>
<td>1 semester</td>
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</table>

**Courses and Type of Course**

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Introduction to Professional, Industrial, and Organizational Psychology (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>2) Theory and Practice of Group Therapy (exercise)</td>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
</tr>
</tbody>
</table>

**Learning Outcomes / Competences**
The students can identify and classify dynamic organizational and group processes and, through self-reflection and self-awareness, develop competences in handling group therapy action modules for specific illnesses.

**Contents**
- Professional, industrial, and organizational psychology
- Theory and practice of group therapy
- Social competence training

**Participation Requirements**
If the admission requirements for the program (in particular, the knowledge of psychological disorders, their treatment, and self-perception and external perception) have not yet or not completely been fulfilled when assigning for the module, the participation requires the approval of the module coordinator, or the module can only be taken at a later point.

**Type of Examination**
Written examination

**Requirements for Granting Credit Points**
Regular attendance, examination performance, participation in the example project

**Use of the Module in Other Programs**
MA Music Therapy, MA Social and Health Management

**Weighting of the Grade in the Final Grade**
5/120

**Module Coordinator**
Wolfgang Schwabe

**Literature**
### Sexuality

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC7P9A</td>
<td>300 hrs</td>
<td>10</td>
<td>3</td>
<td>Every year</td>
<td>1 semester</td>
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</table>

#### Courses and Type of Course

<table>
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<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Theory and Practice of Group Therapy (lecture)</td>
<td>2 SWS / 30 hrs</td>
<td>120 hrs</td>
</tr>
<tr>
<td>2) Selected Topics of Sexual Counseling (seminar)</td>
<td>1 SWS / 15 hrs</td>
<td>90 hrs</td>
</tr>
<tr>
<td>3) Dealing with One’s Own Sexuality (exercise)</td>
<td>1 SWS / 15 hrs</td>
<td>30 hrs</td>
</tr>
</tbody>
</table>

#### Learning Outcomes / Competences

- The students have basic knowledge of human sexuality, including deviances.
- The students know and can apply sexual educational concepts.
- The students develop a mature and reflected way of dealing with their own sexuality.
- The students master a reflected way of dealing with moral conflicts and ethical dilemmas in the field of sexuality and sexual counseling.
- The students can deal with issues of sexuality in the context of counseling appropriately.

#### Contents

- Introduction to human sexuality, including family planning, contraceptives, ethical issues related to abortion, PGD, sexual violence, AIDS and other sexually transmitted diseases
- Introduction to the methods and limits of sexual counseling in distinction from sexual therapy
- Sexual violence in society

#### Participation Requirements

Completion of the module “Couple Counseling”

#### Type of Examination

Seminar paper

#### Requirements for Granting Credit Points

At the beginning of the semester, the university determines which courses require compulsory attendance. The seminar paper graded at least "sufficient".

#### Use of the Module in Other Programs

None

#### Weighting of the Grade in the Final Grade

10/120

#### Module Coordinator

Andreas Bochmann

#### Literature

# Internship I in MA Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tbody>
<tr>
<td>MC9P9P</td>
<td>150 hrs</td>
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## Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. report preparation)</th>
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<tbody>
<tr>
<td>Group Supervision</td>
<td>1 SWS / 15 hrs</td>
</tr>
<tr>
<td></td>
<td>135 hrs</td>
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</tbody>
</table>

## Learning Outcomes / Competences

**Contents**

Internship under supervision in a counseling institution

**Participation Requirements**

None

**Type of Examination**

Case documentations of two (preferably) completed counseling cases that present the concerns and the course of the counseling process

**Requirements for Granting Credit Points**

- Proof of the participation in team meetings and administrative activities
- Regular attendance at the group supervision (80%)
- Documentation of the accompanying counseling/music therapy measures
- Presentation of at least 2 cases in the group supervision
- Case documentations

**Use of the Module in Other Programs**

None

**Weighting of the Grade in the Final Grade**

5/120

**Module Coordinator**

Friedegard Föltz
Petra Jürgens
Andreas Bochmann

**Literature**
## Ethics in Counseling and Music Therapy

<table>
<thead>
<tr>
<th>Module Number</th>
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<th>Semester</th>
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### Courses and Type of Course

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<th>Course</th>
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<tr>
<td>1) Selected Topics of Social Ethics (seminar)</td>
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<td>2) Professional Ethics (lecture)</td>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
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</table>

### Learning Outcomes / Competences

The students
- prove their understanding of biblical anthropology
- can critically question, but at the same time support their own value model
- can deal with different values of other people appropriately

### Contents

On the basis of a theologically reflected view of man, the students become aware of and discuss fundamental questions of ethics as well as practical concerns of professional ethics in the field of counseling and music therapy.
- Selected topics of social ethics
- Professional or rather professional organization policy standards
- Quality standards and quality assurance in counseling, including the importance of continuing education and further training as well as supervision in counseling practice

### Participation Requirements

None

### Type of Examination

Academic paper

### Requirements for Granting Credit Points

At the beginning of the semester, the university determines which courses require compulsory attendance. Seminar paper and presentation

### Use of the Module in Other Programs

MA Music Therapy

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Andreas Bochmann

### Literature

- Current documentation of the DGiF (German Association for Counseling) and other professional organizations
## Health Care and Social Work

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tr>
<td>MX3P8</td>
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<td>4</td>
<td>Every year</td>
<td>1 semester</td>
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### Courses and Type of Course

1. Health Promotion for Special Professional Groups (seminar)
2. Social Work in Health Care Institutions (seminar)

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<tr>
<td>1 SWS / 15 hrs</td>
<td>60 hrs</td>
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<tr>
<td>1 SWS / 15 hrs</td>
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### Learning Outcomes / Competences

The students
- know the structure and importance of health care institutions
- are familiar with special professional characteristics and health burdens of the professional groups working in health care and know strategies and measures for dealing with these burdens in a health-promoting way
- do research on, present and reflect on current research results
- are familiar with the effects of organizational structure and development on health aspects
- are aware of the interaction of the health of the people working in allied health professions and the care, treatment, and provision of patients/clients
- are familiar with the need for qualified case management illustrated by selected illnesses

### Contents

- Work organization Health care professions
- Professional stress patterns
- Individual coping strategies
- Organizational development in health care
- Clinical social work
- Case and disease management

### Participation Requirements

Admission to the program M.A. Counseling, according to the Study Regulations

### Type of Examination

Written examination

### Requirements for Granting Credit Points

Successful completion of the required assessments (academic papers) At the beginning of the semester, the university determines which courses require compulsory attendance.

### Use of the Module in Other Programs

MA Music Therapy

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Edgar Voltmer

### Literature
## Internship II in MA Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
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<td>MC9P10P</td>
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<td>Every year</td>
<td>1 semester</td>
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### Courses and Type of Course

- Group Supervision 2 (exercise)

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study</th>
</tr>
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<tr>
<td>1 SWS / 15 hrs</td>
<td>135 hrs</td>
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### Learning Outcomes / Competences

The students can independently conduct counseling sessions under supervision.

### Contents

Internship under supervision in a counseling institution

### Participation Requirements

Internship I

### Type of Examination

Case documentations of two (preferably) completed counseling cases that present the concerns and the course of the counseling process

### Requirements for Granting Credit Points

- Proof of the participation in team meetings and administrative activities
- Regular attendance at the group supervision (80%)
- Documentation of the accompanying counseling/music therapy measures
- Presentation of at least 2 cases in the group supervision
- Personal and didactic reflection in the colloquium
- Case documentations

### Use of the Module in Other Programs

None

### Weighting of the Grade in the Final Grade

5/120

### Module Coordinator

Friedegard Föltz
Petra Jürgens
Andreas Bochmann

### Literature
### Statistical Analysis of Quantitative Data*

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tr>
<td>MX3WP10A</td>
<td>150 hrs</td>
<td>5</td>
<td>5</td>
<td>Every year</td>
<td>1 semester</td>
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</table>

#### Courses and Type of Course

- **Contact Time**: 2 SWS / 30 hrs
- **Private Study (incl. examination preparation)**: 120 hrs

#### Learning Outcomes / Competences

The students
- can create a data set from empirical data
- can use statistical software (e.g. SPSS or MYSTAT) to analyze data using descriptive methods and selected multivariate methods and interpret the results appropriately

#### Contents

- Data preparation
- Descriptive methods
- Data processing, transformation
- Hypothesis tests
- Multivariate methods

#### Participation Requirements

- Proof of basic knowledge in statistics

#### Type of Examination

- Academic paper in form of an independent analysis of a data set on a self-chosen research issue

#### Requirements for Granting Credit Points

- Regular attendance, participation in exercises

#### Use of the Module in Other Programs

- MA Music Therapy, MA International Social Sciences, MA Social and Health Management

#### Weighting of the Grade in the Final Grade

- 5/120

#### Module Coordinator

- Thomas Spiegler

#### Literature


*As an alternative the module Qualitative Methods in Empirical Social Research can be chosen*
**Qualitative Methods in Empirical Social Research**

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<td>Every year</td>
<td>1 semester</td>
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**Courses and Type of Course**

<table>
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<th>Contact Time</th>
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<td>1 SWS / 15 h</td>
<td>50 hrs</td>
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<tr>
<td>1 SWS / 15 h</td>
<td>70 hrs</td>
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**Learning Outcomes / Competences**

The students

- have an overview of different qualitative methods of data collection and evaluation
- are familiar with the planning, conduct, transcription, and evaluation of an interview thanks to own practice, as well as the computer-aided qualitative data analysis

**Contents**

- Theoretical principles and characteristics of qualitative designs
- Grounded theory, qualitative interviews, monitoring processes, qualitative content analysis
- Narrative interview
- Evaluation methods and computer-aided data analysis
- Exercises on planning and conducting qualitative research

**Participation Requirements**

None

**Type of Examination**

Academic paper

**Requirements for Granting Credit Points**

Regular attendance, participation in exercises

**Use of the Module in Other Programs**

MA Music Therapy, MA International Social Sciences, MA Social and Health Management

**Weighting of the Grade in the Final Grade**

5/120

**Module Coordinator**

Thomas Spiegler

**Literature**


*As an alternative the module Statistical Analysis of Quantitative Data can be chosen*
### Therapy of Selected Psychological Disorders

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tbody>
<tr>
<td>MX3P5</td>
<td>150 hrs</td>
<td>5</td>
<td>5</td>
<td>Every year</td>
<td>1 semester</td>
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#### Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. examination preparation)</th>
</tr>
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<tbody>
<tr>
<td>1 SWS / 15 hrs</td>
<td>45 hrs</td>
</tr>
<tr>
<td>1 SWS / 15 hrs</td>
<td>75 hrs</td>
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</tbody>
</table>

#### Learning Outcomes / Competences
- The students can identify psychological disorders and choose the appropriate therapy procedure for each disorder.
- The students know the symptoms of various personality disorders and their effects on the interactional behavior.
- The students can deal with psychological disorders in counseling and music therapy.

#### Contents
- Psychogenic disorders (Study of Neuroses)
- Personality disorders
- Affective disorders

#### Participation Requirements
None

#### Type of Examination
Written module examination

#### Requirements for Granting Credit Points
At the beginning of the semester, the university determines which courses require compulsory attendance. The module examination graded at least “sufficient” and the short presentation with slides.

#### Use of the Module in Other Programs
MA Music Therapy

#### Weighting of the Grade in the Final Grade
5/120

#### Module Coordinator
Wolfgang Schwabe

#### Literature
- Margraf, J / Schneider, S. (2008), Verhaltenstherapie (2 Bd.)
Internship III in MA Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
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<td>300 hrs</td>
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Courses and Type of Course

<table>
<thead>
<tr>
<th>Contact Time</th>
<th>Private Study (incl. report preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 SWS / 30 hrs</td>
<td>270 hrs</td>
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</table>

Learning Outcomes / Competences
- The students can independent conduct counseling sessions.
- The students can plan counseling processes.

Contents
- Internship under supervision in a counseling institution

Participation Requirements
Internship II

Type of Examination
Case documentations of four (preferably) completed counseling cases that present the concerns and the course of the counseling process

Requirements for Granting Credit Points
- Minimum number of hours during the internship
- Successful attendance at at least 80% of the Interdisciplinary Case Conference
- 2 written case documentations graded at least “satisfactory”
- The discussion of at least 2 cases in the Interdisciplinary Case Conference
- The submission of the written evaluation by the mentor from institution of the internship, a probation in counseling
- Case documentations

Use of the Module in Other Programs
May be offered in cooperation with the program Music Therapy

Weighting of the Grade in the Final Grade
10/120

Module Coordinator
Friedegard Föltz
Andreas Bochmann

Literature
## Master's Thesis Counseling

<table>
<thead>
<tr>
<th>Module Number</th>
<th>Workload</th>
<th>Credits</th>
<th>Semester</th>
<th>Frequency of the Course Offered</th>
<th>Duration</th>
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<tbody>
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<td>600 hrs</td>
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### Courses and Type of Course

<table>
<thead>
<tr>
<th>Courses and Type of Course</th>
<th>Contact Time</th>
<th>Private Study</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Master’s Thesis in Counseling, Research Colloquium (Colloquium)</td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs 540 hrs</td>
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<tr>
<td>2) Writing the Master’s Thesis</td>
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### Contact Time

<table>
<thead>
<tr>
<th>Course</th>
<th>Contact Time</th>
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<tbody>
<tr>
<td>Master’s Thesis in Counseling</td>
<td>1 SWS / 15 hrs</td>
<td>45 hrs 540 hrs</td>
</tr>
<tr>
<td>Writing the Master’s Thesis</td>
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</table>

### Learning Outcomes / Competences

- The students can do scientific research, work independently, and present the research results in the colloquium.
- The students can actively participate in scientific discourses. The students can critically cite scientific theories and paradigms in own scientific publications.

### Contents

- Scientific analysis, development of the objectives and the methodical procedure for the investigation and work on a problematic subject area, and incorporation of the research results into the Master’s thesis.

### Participation Requirements

- Acceptance of the topic of the Master’s thesis by the examination board, including the structure of the thesis.

### Type of Examination

- Master’s thesis

### Requirements for Granting Credit Points

- The Master’s thesis is graded at least “sufficient” by two independent examiners. If an examiner grades the Master’s thesis as less than “sufficient” (4.0), a third examiner can be called in.

### Use of the Module in Other Programs

- None

### Weighting of the Grade in the Final Grade

- 20/120

### Module Coordinator

- Andreas Bochmann

### Literature
<table>
<thead>
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<td>Introduction to Counseling</td>
<td>Approaches and Methods in Counseling</td>
<td>Therapy of Selected Psychological Disorders</td>
<td>Ethics in Counseling and Music Therapy</td>
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<td>Social Competence and Leadership</td>
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* electives
## Program Time-Table M. A. Counseling | Friedensau Adventist University

### Part-Time

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<td>Approaches and Methods in Counseling</td>
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<td>Empowerment und Selbsthilfeorganisation</td>
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*electives